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HOW TO REFER
FAX patient referral
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elm tree clinic

N U R T U R I N G Y O U N G M I N D S

we are pleased to introduce...

ElmTree Clinic... a mental health clinic for infants and preschool children and their families. Our focus is to understand young children's strengths and challenges in the context of their families and the community around them. We partner with parents, other health care providers and community professionals to collaboratively create intervention plans for children. We use current research about brain development to guide our practice.

**90% OF BRAIN
DEVELOPMENT
OCCURS BY AGE 3**

ElmTree Clinic accepts referrals of infants and young children three years of age and under (before fourth birthday). We are striving to assess and provide intervention for children as early as possible.

Infants and young children at risk may have:

**TOXIC STRESS
DISRUPTS
EARLY BRAIN
DEVELOPMENT**

- challenges with behaviour
- had inpatient hospital stays or received care in NICU
- multiple medical interventions
- parents or siblings with medical or mental health struggles
- experienced extremely stressful events - including abuse, neglect or loss of a caregiver

Some examples of struggles to consider for referral for assessment and interventions are:

- * POOR SLEEP * POOR FEEDING * PERSISTENT SADNESS * SIGNIFICANT FUSSINESS & DIFFICULTY TO SOOTHE
- * CHALLENGES SOCIALIZING WITH PEERS * WORRIES/ANXIETY * RIGID OR REPETITIVE BEHAVIOURS
- * TOILET TRAINING * DIFFICULTY COPING WITH EMOTIONS (severe temper tantrums, aggression, self-harm)
- * POOR ATTENTION, IMPULSIVITY, HYPERACTIVITY * PARENTAL CONCERNS ABOUT CONNECTING WITH THEIR CHILD

WHO WE ARE:

Dr. Carole Anne Hapchyn PC*

Dr. Hapchyn is an infant and early childhood psychiatrist who has provided assessment and treatment for infants and preschool children with mental health and developmental disorders for 30 years. She was a psychiatrist at the Glenrose Rehabilitation Hospital. She is the Past President of the Alberta Association for Infant Mental Health, a society for the education of clinicians and advocacy for infant mental health. Dr. Hapchyn is a Clinical Professor of Psychiatry and Pediatrics at the University of Alberta.

Dr. Brandene L. Lorrain PC*

Dr. Lorrain is an infant and early childhood psychiatrist who has worked collaboratively with various multidisciplinary infant teams in Edmonton since 2008. Prior to that she worked with infants, children and adolescents in Red Deer, Alberta for seven years. Dr. Lorrain has been providing innovative infant mental health consultation services to the Royal Alexandra Hospital NICU since 2012 and David Schiff NICU since 2015. Dr. Lorrain is an Assistant Clinical Professor of Psychiatry.

Dr. Mona Nematian PC*

Dr. Nematian completed her medical education in Iran, where she initially practiced as a family doctor. Pursuing her passion for psychiatry, she went on to specialize in the field of General Psychiatry at the University of Alberta. Subsequently, she further honed her expertise through a two-year subspecialty program in Child and Adolescent Psychiatry at the same institution.

Currently, Dr. Nematian is dedicated to advancing her knowledge and skills in Autism, Neurodevelopmental Disorders, and Genetic Syndromes through a fellowship at the University of Alberta. Her commitment to comprehensive mental health care is evident in her roles at the Learning and Developmental Clinic, Genopsychiatry Clinic, at East Edmonton Health Centre as a child and adolescent Psychiatrist, with a focused practice on Autism and other Neurodevelopmental disorders in addition to Elm Tree Clinic. She joined Elm Tree Clinic upon completing her subspecialty in Child and Adolescent Psychiatry in 2023.

*denotes Professional Corporation