

PHONE
780-904-3781

FAX
587-400-4538

ADDRESS
10010-162 Street
Edmonton, Alberta
T5P 4R4

HOW TO REFER
FAX patient referral
information and
referring physician
office contact
information.



elmtree

N U R T U R I N G Y O U N G M I N D S

we are pleased to introduce...

ElmTree Clinic... a mental health clinic for infants and preschool children and their families. Our focus is to understand young children's strengths and challenges in the context of their families and the community around them. We partner with parents, other health care providers and community professionals to collaboratively create intervention plans for children. We use current research about brain development to guide our practice.

**90% OF BRAIN
DEVELOPMENT
OCCURS BY AGE 3**

ElmTree Clinic accepts referrals of infants and young children three years of age and under (before fourth birthday). We are striving to assess and provide intervention for children as early as possible.

Infants and young children at risk may have:

**TOXIC STRESS
DISRUPTS
EARLY BRAIN
DEVELOPMENT**

- challenges with behaviour
- had inpatient hospital stays or received care in NICU
- multiple medical interventions
- parents or siblings with medical or mental health struggles
- experienced extremely stressful events - including abuse, neglect or loss of a caregiver

Some examples of struggles to consider for referral for assessment and interventions are:

- * POOR SLEEP * POOR FEEDING * PERSISTENT SADNESS
- * SIGNIFICANT FUSSINESS & DIFFICULTY TO SOOTHE
- * CHALLENGES SOCIALIZING WITH PEERS
- * WORRIES/ANXIETY * RIGID OR REPETITIVE BEHAVIOURS *TOILET TRAINING
- * DIFFICULTY COPING WITH EMOTIONS (severe temper tantrums, aggression, self-harm)
- *POOR ATTENTION, IMPULSIVITY, HYPERACTIVITY
- * PARENTAL CONCERNS ABOUT CONNECTING WITH THEIR CHILD

WHO WE ARE:

Dr. Carole Anne Hapchyn PC*

Dr. Hapchyn is an infant and early childhood psychiatrist who has provided assessment and treatment for infants and preschool children with mental health and developmental disorders for 30 years. She was a psychiatrist at the Glenrose Rehabilitation Hospital. She is the Past President of the Alberta Association for Infant Mental Health, a society for the education of clinicians and advocacy for infant mental health. Dr. Hapchyn is a Clinical Professor of Psychiatry and Pediatrics at the University of Alberta.

Dr. Brandene L. Lorrain PC*

Dr. Lorrain is an infant and early childhood psychiatrist who has worked collaboratively with various multidisciplinary infant teams in Edmonton since 2008. Prior to that she worked with infants, children and adolescents in Red Deer, Alberta for seven years. Dr. Lorrain has been providing innovative infant mental health consultation services to the Royal Alexandra Hospital NICU since 2012 and David Schiff NICU since 2015. Dr. Lorrain is an Assistant Clinical Professor of Psychiatry.

Dr. Karen Lefko PC*

Dr. Lefko began child and adolescent psychiatry practice in Edmonton in 1998. After devoting many years to raise her children, she returned to practice providing consultation to Head Start programs across Edmonton from 2013-2015. Dr. Lefko also worked with the Trauma and Attachment Group at CASA Child, Adolescent and Family Mental Health. Dr. Lefko enjoys working with families to help them build healthy foundations for their children.

Dr. Bernice Prinsloo

Dr. Prinsloo completed her medical training in South Africa, where she worked in obstetrics and psychiatry before moving to Ireland in 2008 to complete training in child and adolescent psychiatry. She worked in community children's mental health and youth addiction services in Ireland before moving to Canada, where she's worked in community children's mental health clinics in Edmonton since 2017. She joined ElmTree Clinic in late 2019. Dr. Prinsloo is a Clinical Lecturer in Psychiatry at the University of Alberta.

*denotes Professional Corporation

We are accepting physician referrals for children three years of age and under.

We endeavour to not have a waitlist.

“Babies can’t wait.”
- Zero to Three