



# ADHD Association of Greater Edmonton

## OUR MISSION

To offer information and support to those living with ADHD in the Greater Edmonton Area, through awareness, education and resources.

## WE OFFER

- email support
- guest speakers
- website with resources and web links
- three support groups:
  - for adults with ADHD
  - for partners of adults with ADHD
  - for parents of children with ADHD

## CONTACT

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W [adhdedmonton.com](http://adhdedmonton.com)

*Come expecting to support and be supported!*

## DOES YOUR CHILD HAVE ADHD?

- Does your child have trouble sitting still?
- Is making and keeping friends hard for your child?
- Does your child have trouble controlling emotions?
- Is it hard for your child to be attentive for longer periods of time?
- Is your child more impulsive than other children his/her age?

It's possible your son or daughter has Attention Deficit Hyperactivity Disorder (ADHD).

## DO YOU HAVE ADHD?

- Do you have trouble remembering things?
- Are you frequently late for appointments, classes, or events?
- Is your mind often restless and do you have trouble staying on topic?
- Have you had more than your share of car accidents?
- Are you a thrill seeker?
- Do you have piles of things everywhere?
- Do you tend to act impulsively?

It's possible you have Attention Deficit Hyperactivity Disorder (ADHD).

## DID YOU KNOW?

- ADHD is a neurobiological disorder that is highly heritable. It runs in families.
- There are effective treatments for those who have ADHD.



**ADHD Association**  
*of Greater Edmonton*