

## The SPACE Program

**<https://www.spacetreatment.net/>**

“SPACE stands for Supportive Parenting for Anxious Childhood Emotions and is a parent-based treatment program for children and adolescents with anxiety, OCD, and related problems.

SPACE was developed by Dr. Eli Lebowitz at the Yale Child Study Center and has been tested and found to be efficacious in randomized controlled clinical trials.”

This parent program is offered in Edmonton at:

<https://jgordonpsychology.com/supportive-parenting-for-anxious-childhood-emotions/>

<https://tandempsychology.ca/space-treatment-for-anxious-children/>